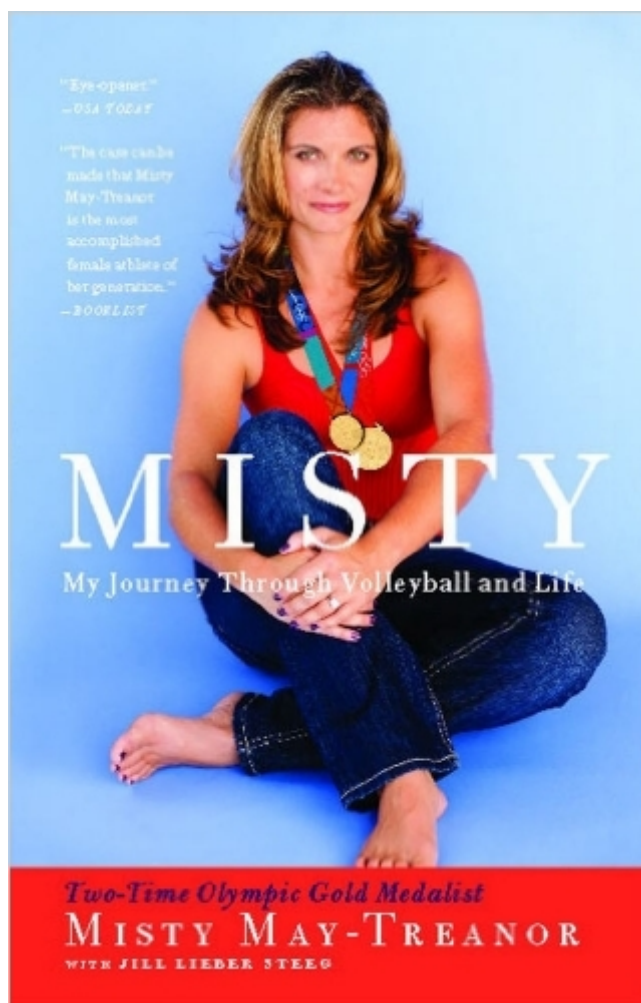


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# Misty: My Journey Through Volleyball And Life



## Synopsis

The passionate, poignant, and triumphant story of two-time Olympic gold medalist “winning beach volleyball icon” Misty May-Treanor. More than any Olympics in history, the 2008 Beijing Summer Games captured the world’s imagination, and Misty May-Treanor became one of the biggest U.S. stars on the global stage. Now she shares the story of her life and remarkable athletic career. Destined for beach volleyball superstardom, having been raised on famed Muscle Beach in Santa Monica, California, Misty talks about the personal and professional challenges she has faced and the life lessons she has learned in the process. From growing up with two driven, competitive, accomplished athlete parents and living in a volatile household rocked for years by their alcoholism to the heartbreaking death of her mother from cancer, Misty reveals intimate details never before publicly discussed. She tells behind-the-scenes stories about her eight-year climb to the top of beach volleyball with partners Holly McPeak and Kerri Walsh; her career-threatening injuries; her role on ABC’s hit television show *Dancing with the Stars*; and of course, her historic two Olympic gold medals and the special rewards they’ve brought. Offering an unprecedented glimpse into the life of a cherished celebrity sports icon and an ambassador for women’s athletics, Misty will touch, inspire, and empower readers everywhere.

## Book Information

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## Customer Reviews

I didn’t know much about beach volleyball before I picked this up. I’ve watched some games on TV, and of course knew of Misty May from Olympic coverage, but I am only starting to appreciate this sport. I wanted to know more about May after watching the gold medal match in Beijing...I wanted to

know more about her and the sport. There's no denying that May is an amazing athlete who has done great things within the sport. And she's had a rough journey to get to where she is. May doesn't hold back about the issues she's experienced (her parents alcoholism and abuse, an assault in college and many injuries) and is very open about how she feels about things, which makes this book a fast and interesting read. But I struggled with this book because I found myself put-off by the attitude that comes across. I realize this is an autobiography, but it was too focused on how May sees herself as such an amazing athlete. As an example, she cites a time in college where she partied too hard and missed practice with a hangover. She says she realized immediately that this was wrong on her part (very true) but the reason it was wrong was because she was the star of the team and couldn't miss practice because the team would suffer for it (she actually says this). It was too 'I'm so great' for me. I've read several autobiographies from athletes that come across more humble and appreciate than this one. There is also a lack of information about the olympics themselves. Arguably, her two Olympic gold medals are her greatest accomplishment to date. But she didn't win them on her own. There is very little in this book about her partner on the court Kerri Walsh.

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